

KIROL ASTEA: URRIAK 20-24

URRIAK 20, ASTELEHENA

08:10 – 09:10 AQUAFITNESS

09:00 – 10:00 ENTRENAMENDU FUNTZIONALA

15:00 – 17:00 BIKE VIRTUAL

16:15 – 16:45 CORE

URRIAK 21, ASTEARTEA

08:10 – 09:10 PILATES

09:15 – 10:00 CYCLING

10:30 – 11:30 ENTRENAMENDU FUNTZIONALA

13:45 – 16:45 BIKE VIRTUAL

19:30 – 20:30 ZUMBA

20:00 – 20:45 CYCLING

20:30 – 21:30 PILATES

URRIAK 22, ASTEAZKENA

08:10 – 09:10 AQUAFITNESS

09:00 – 10:00 ENTRENAMENDU FUNTZIONALA

15:00 – 17:00 BIKE VIRTUAL

16:15 – 16:45 CORE

URRIAK 23, OSTEGUNA

08:10 – 09:10 PILATES

09:15 – 10:00 CYCLING

10:30 – 11:30 ENTRENAMENDU FUNTZIONALA

13:45 – 16:45 BIKE VIRTUAL

19:30 – 20:30 ZUMBA

20:00 – 20:45 CYCLING

20:30 – 21:30 PILATES

URRIAK 24, OSTIRALA

08:10 – 09:10: AQUAFITNESS

15:00 – 20:00 BIKE VIRTUAL